

ALBA

INSTRUCTION BOOKLET CAL. Z46G

■ FEATURES

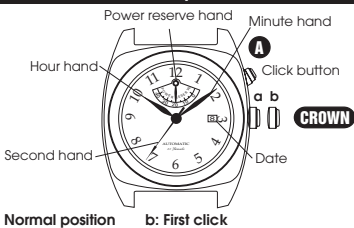
- Automatic winding
- Time and date calendar
- Power reserve indicator

■ SPECIFICATIONS

- Vibration : 21,600 Oscillations / 1hr
- Loss/Gain : Within +25 and -15 second
(Daily Rate)*
- Jewels : 21 Jewels

* The mechanism of mechanical watches is very precise and delicate. Time accuracy may change depending of which direction the watch faces. Therefore, any actual loss/gain may not fall within the range of time accuracy specified above, and depends on the condition of use, such as the length of time during which the watch is worn on the wrist, temperature, affection of strong magnetism, vibration like motorcycles or chain saws, life style (whether much arm movement is involved or not), whether the watch is wound up fully or not, etc.

■ DISPLAY AND CROWN/BUTTONS

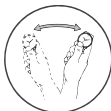


■ HOW TO START THE WATCH

- This is an automatic-winding mechanical watch. To initially start your watch:

Swing it from side to side in a horizontal arc for about 30 seconds, to start the second hand moving.

* If the watch is worn on the wrist, the mainspring will be wound automatically through normal wrist movement.



■ SCREW DOWN CROWN

[for models with screw down crown]

Unlocking the crown

- 1 Turn Crown counterclockwise until you no longer feel the threads turning.
- 2 Crown can be pulled out.



Locking the crown

- 1 Push Crown back in to normal position.
- 2 Turn Crown clockwise while pressing it lightly until tight.



■ TIME / CALENDAR SETTING

Setting the time and adjusting the date



- 1 Press the click button and set it to the date of a previous day.

- 2 Pull out the crown. (The second hand does not stop.)
- 3 Turn the crown clockwise until you reach the today's date.

* Advance the hand further and set it to the current time.

- 4 Press in the crown to the normal position.

■ POWER RESERVE INDICATOR



The power reserve indicator shows the amount the watch is wound as an amount of time, so you can see how long the watch will run at a glance. The power reserve hand indicates the remaining amount. The time pointed to by the power reserve hand is the remaining amount of time.

■ NOTES ON OPERATING THE WATCH

TIME/CALENDAR SETTING

- Do not set the date between 9:00 p.m. and 2:00 a.m. Otherwise, it may not change properly.
 - * *If it is necessary to set the date during that time period, first change the time to any time outside it, set the date and then reset the correct time.*
- When setting Hour hand, check that AM/PM is correctly set.
 - * *The watch is so designed that the date changes once in 24 hours. Turn the hands past the 12 o'clock marker to determine whether the watch is set for the A.M. or P.M. period. If the date changes, the time is set for the A.M. period. If the date does not change, the time is set for the P.M. period.*
- When setting Minute hand, be sure to turn back the hands a little behind the desired time and then advance them to the exact time.
- It is necessary to adjust the date at the end of February and 30-day months.

AUTOMATIC WINDING

- This is an automatic winding mechanical watch and cannot be wound manually.
- This watch will run approximately 40 hours after it is fully wound. If it is not wound enough, the watch may lose time. In order to maintain the watch's accuracy, we recommend wearing the watch at least 8 hours a day.

POWER RESERVE INDICATOR

- The remaining time shown is only an approximation. The time shown may be different from actual remaining time.

This product has an automatic-winding system which comes with a power reserve indicator function. The mainspring will be automatically wound by your natural arm movements while you wear it on your wrist. The power reserve hand is pointing to the fully-wound position (40H). The amount the watch is wound will change with the frequency of your arm movements and the amount of time you wear the watch, so the hand will not always point to the fully-wound position. If you remove the watch from your arm and do not wind manually, the power reserve hand will move toward zero as time passes.