

To preserve the quality of your watch

WATER RESISTANCE

● Non-water resistant



If "WATER RESISTANT" is not inscribed on the case back, your watch is not water resistant, and care should be taken not to get it wet as water may damage the movement. If the watch becomes wet, we suggest that you have it checked by an AUTHORIZED ALBA DEALER or SERVICE CENTER.

● Water resistance (3 bar)



If "WATER RESISTANT" is inscribed on the case back, your watch is designed and manufactured to withstand up to 3 bar, such as accidental contact with splashes of water or rain, but it is not designed for swimming or diving.

● Water resistance (5 bar)*



If "WATER RESISTANT 5 BAR" is inscribed on the case back, your watch is designed and manufactured to withstand up to 5 bar and is suitable for swimming, yachting and taking a shower.

● Water resistance (10 bar/15 bar/20 bar)*



If "WATER RESISTANT 10 BAR", "WATER RESISTANT 15 BAR" or "WATER RESISTANT 20 BAR" is inscribed on the case back, your watch is designed and manufactured to withstand up to 10 bar/15 bar/20 bar and is suitable for taking a bath, shallow diving, but not for scuba diving. We recommend that you wear a ALBA Diver's watch for scuba diving.

** Before using the water resistance 5, 10, 15 or 20 bar watch in water, be sure the crown is pushed in completely.*

Do not operate the crown when the watch is wet or in water. If used in sea water, rinse the watch in fresh water and dry it completely.

** When taking a shower with the water resistance 5 bar watch, or taking a bath with the water resistance 10, 15 or 20 bar watch, be sure to observe the following:*

- *Do not operate the crown when the watch is wet with soapy water or shampoo.*
- *If the watch is left in warm water, a slight time loss or gain may be caused. This condition, however, will be corrected when the watch returns to normal temperature.*

NOTE:

Pressure in bar is a test pressure and should not be considered as corresponding to actual diving depth since swimming movement tends to increase the pressure at a given depth. Care should also be taken on diving into water.

TEMPERATURES



Your watch works with stable accuracy within a temperature range of 5° C and 35° C (41° F and 95° F). Temperatures over 60° C (140° F) may cause battery leakage or shorten the battery life. Do not leave your watch in very low temperatures below -10° C (+14° F) for a long time since the cold may cause a slight time loss or gain. However, the above conditions will be corrected when the watch returns to normal temperature.

MAGNETISM



Your watch will be adversely affected by strong magnetism. Keep it away from close contact with magnetic objects.

PERIODIC CHECK



It is recommended that the watch be checked once every 2 to 3 years. Have your watch checked by an AUTHORIZED ALBA DEALER or SERVICE CENTER to ensure that the case, crown, buttons, gasket and crystal seal remain intact.

CARE OF CASE AND BRACELET



To prevent possible rusting of the case and bracelet caused by dust, moisture and perspiration, wipe them periodically with a soft dry cloth.

SHOCKS



Light activities will not affect your watch, but be careful not to drop your watch or hit it against hard surfaces, as this may cause damage.

CHEMICALS



Be careful not to expose the watch to solvents, mercury, cosmetic spray, detergents, adhesives or paints. Otherwise, the case, bracelet, etc. may become discolored, deteriorated or damaged.

PRECAUTION REGARDING CASE BACK PROTECTIVE FILM



If your watch has a protective film and/or a sticker on the case back, be sure to peel them off before using your watch.

ALBA

INSTRUCTION BOOKLET

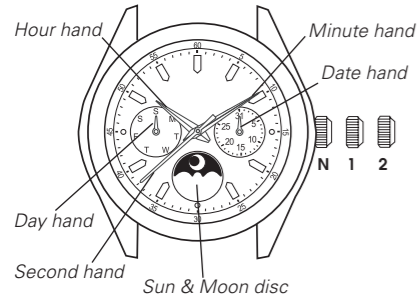
Cal.VX3H

NAEVX3HX

Features

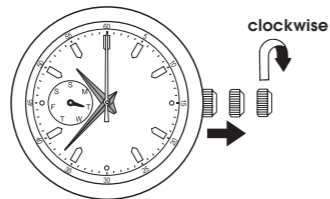
- Time indication by the hour, minute and second hands
- Day & Date indicators
- 24-Hour Sun & Moon rotating display

Display and crown



- N. Normal position** No function (free)
1. First click Date setting
2. Second click Day and time setting

Day and time setting

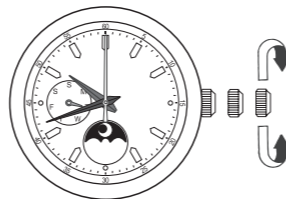


- 1 Pull out the crown to the second click when the second hand is at the 12 o'clock position.
- 2 Turn the crown clockwise to advance the hour and minute hands until the day hand is set to the desired day of the week.

- Turning the crown counterclockwise cannot turn the day hand back.

NOTES

- To advance the day hand quickly, turn back the hour and minute hands 4 to 5 hours beyond the day changes (between 11:00 p.m. and 4:00 a.m.) and then advance them again until the day hand is set to the next.
- After the day hand reaches the last day of the week, turn the crown clockwise and the hand will return to the first day of the week.

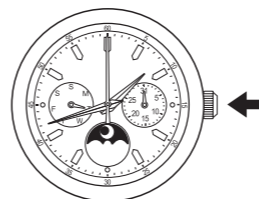


- 3 Turn the crown to set the hour and minute hands to the current time. Make sure that the AM/PM is correctly set.

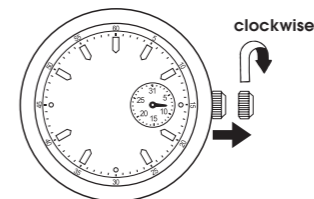
NOTES

- The Sun & Moon rotary disk moves correspondingly with the hour hand.
- When setting the hour hand, check that the Sun & Moon rotary disc is correctly set.
- When setting the minute hand, advance it 4 to 5 minutes ahead of the desired time and then turn it back to the exact time.

Date setting

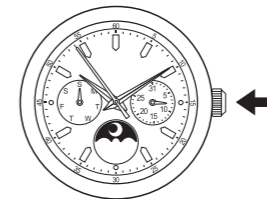


- 4 Push the crown back into the normal position in accordance with a time signal.



- 1 Pull out the crown to the first click.
- 2 Turn the crown clockwise to set the date hand to the desired date.

- Turning the crown counterclockwise cannot turn the date hand back.



- 3 Push the crown back in to the normal position.

NOTES

- Do not set the date between 10:00 PM and 1:00 AM. Date setting during this time period may cause the watch to fail to change the date correctly on the following day.
- While setting the date hand, check that it moves properly in one-day increments.
- It is necessary to adjust the date on the first day after a 30-day month and February.

Battery change

**3
Years**

Battery life : Approx. 3 years
Battery : SEIKO SR916SW

- As the battery is inserted at the factory to check the function and performance of the watch, its actual life once in your possession may be less than the specified period.
- When the battery expires, be sure to replace it as soon as possible to prevent any malfunction.
- We recommend that you contact an AUTHORIZED ALBA DEALER for battery replacement.