

Features

- Time indicates by the hour, minute and small second hands
- Date indicates by the date hand
- Day of the week indicates by the day hand

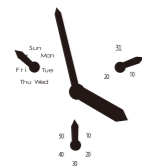
Display and crown/buttons

Minute hand

Day hand

Date hand

Hour hand



a b c

- a. Normal position
- b. First click
- c. Second click

Small second hand

Screw down crown

[for models with screw down crown]

Unlocking the crown

- Turn Crown counterclockwise until you no longer feel the threads turning.
- Crown can be pulled out.



Locking the crown

- Push Crown back in to normal position.
- Turn Crown clockwise while pressing it lightly until tight.



Day and time setting

Day hand



clockwise



counterclockwise

NOTES

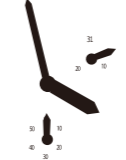
- To advance the day hand quickly, turn back the hour and minute hands 4 to 5 hours beyond the point the day changes (between 11:00 p.m. and 4:00 a.m.), and then advance them again until the day hand is set to the next.
- *The day hand will not move back by turning the crown counterclockwise.
- When adjusting the day hand, turn the crown slowly.
- When setting the minute hand, advance it 4 to 5 minutes ahead of the desired time and then turn it back to the exact time.

CROWN

- Pull out to second click when Small second hand is at the 12 o'clock position.
- Turn clockwise to advance Hour and Minute hands until Day hand is set to the desired day of the week.
- Turn to set the time.
- Push back into normal position in accordance with a time signal.

Date setting

Date hand



counterclockwise

CROWN

- Pull out to first click.
- Turn counterclockwise to set Date hand to the desired date.
- Push in.

NOTES

- Do not set the date hand between 10:00 p.m. and 1:00 a.m. Otherwise, the date may not change properly. If it is necessary to set the date during this time period, first change the time to any time outside it, and set the date and then reset the time.

- While setting the date hand, check that it moves properly in one-day increments.
- It is necessary to adjust the date on the first day after a 30-day month and February.

Battery change

3 Years Battery life : Approx. 3 years
Battery : SEIKO SR626SW

- As the battery is inserted at the factory to check the function and performance of the watch, its actual life once in your possession may be less than the specified period.
- When the battery expires, be sure to replace it as soon as possible to prevent any malfunction.
- We recommend that you contact an AUTHORIZED ALBA DEALER for battery replacement.

To preserve the quality of your watch

WATER RESISTANCE

Non-water resistant

If "WATER RESISTANT" is not inscribed on the case back, your watch is not water resistant, and care should be taken not to get it wet as water may damage the movement. If the watch becomes wet, we suggest that you have it checked by an AUTHORIZED ALBA DEALER or SERVICE CENTER.

Water resistance (3 bar)

If "WATER RESISTANT" is inscribed on the case back, your watch is designed and manufactured to withstand up to 3 bar, such as accidental contact with splashes of water or rain, but it is not designed for swimming or diving.

Water resistance (5 bar)*

If "WATER RESISTANT 5 BAR" is inscribed on the case back, your watch is designed and manufactured to withstand up to 5 bar and is suitable for swimming, yachting and taking a shower.

Water resistance (10 bar/15 bar/20 bar)*

If "WATER RESISTANT 10 BAR", "WATER RESISTANT 15 BAR" or "WATER RESISTANT 20 BAR" is inscribed on the case back, your watch is designed and manufactured to withstand up to 10 bar/15 bar/20 bar and is suitable for taking a bath, shallow diving, but not for scuba diving. We recommend that you wear a ALBA Diver's watch for scuba diving.

* Before using the water resistance 5, 10, 15 or 20 bar watch in water, be sure the crown is pushed in completely.

Do not operate the crown when the watch is wet or in water. If used in sea water, rinse the watch in fresh water and dry it completely.

* When taking a shower with the water resistance 5 bar watch, or taking a bath with the water resistance 10, 15 or 20 bar watch, be sure to observe the following:

- Do not operate the crown when the watch is wet with soapy water or shampoo.
- If the watch is left in warm water, a slight time loss or gain may be caused. This condition, however, will be corrected when the watch returns to normal temperature.

NOTE:

Pressure in bar is a test pressure and should not be considered as corresponding to actual diving depth since swimming movement tends to increase the pressure at a given depth. Care should also be taken on diving into water.

TEMPERATURES



Your watch works with stable accuracy within a temperature range of 5° C and 35° C (41° F and 95° F).

Temperatures over 50° C (122° F) may cause battery leakage or shorten the battery life. Do not leave your watch in very low temperatures below -5° C (+23° F) for a long time since the cold may cause a slight time loss or gain.

However, the above conditions will be corrected when the watch returns to normal temperature.

MAGNETISM



Your watch will be adversely affected by strong magnetism. Keep it away from close contact with magnetic objects.

PERIODIC CHECK



It is recommended that the watch be checked once every 2 to 3 years. Have your watch checked by an AUTHORIZED ALBA DEALER or SERVICE CENTER to ensure that the case, crown, buttons, gasket and crystal seal remain intact.

CARE OF CASE AND BRACELET



To prevent possible rusting of the case and bracelet caused by dust, moisture and perspiration, wipe them periodically with a soft dry cloth.

SHOCKS



Light activities will not affect your watch, but be careful not to drop your watch or hit it against hard surfaces, as this may cause damage.

CHEMICALS



Be careful not to expose the watch to solvents, mercury, cosmetic spray, detergents, adhesives or paints. Otherwise, the case, bracelet, etc. may become discolored, deteriorated or damaged.

PRECAUTION REGARDING CASE BACK PROTECTIVE FILM



If your watch has a protective film and/or a sticker on the case back, be sure to peel them off before using your watch.

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ALBA

INSTRUCTION BOOKLET

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