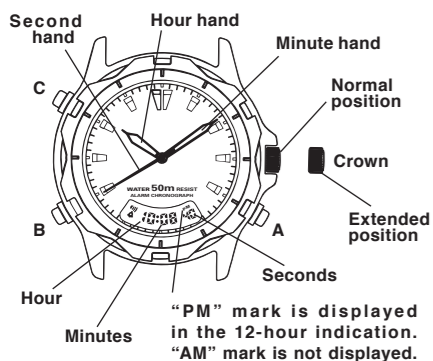


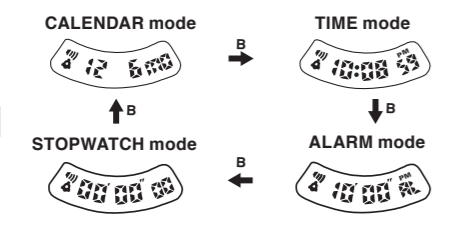
## Characteristics

- Multi-function digital watch
  - Analogue and digital time displays
  - Automatic calendar
  - Alarm and time signal
  - Stopwatch
  - Illuminating light

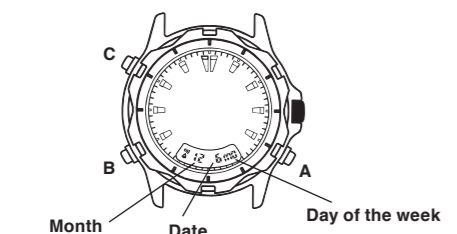
## Display and crown/buttons



The selection of the mode is made in the following order with each press of button “B”.

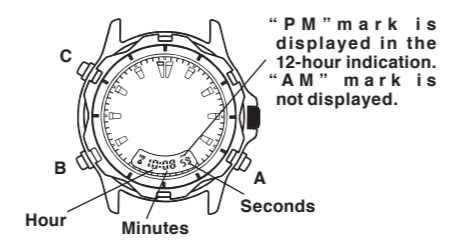


## How to set the calendar



- Press button “B” to show the CALENDAR mode.
  - Press button “C” for 2 to 3 seconds to show the CALENDAR SETTING display. The date digits start flashing.
  - Selection of the digits to be adjusted (flashing) is made in the following order by pressing button “C”.  
Date → Month → Day  
( Press for 2 to 3 seconds. )  
CALENDAR mode
  - Press button “A” to set the flashing digits. One digit is advanced with each press of button “A”. They move quickly by keeping button “A” pressed.
  - After all the adjustments are completed, press button “B” to return to the CALENDAR mode.
- \* If the watch is left untouched in the CALENDAR SETTING display with the digits flashing, it will automatically return to the CALENDAR mode in 1 to 2 minutes.

## How to set the digital time



- Press button “B” to show the TIME mode.
- Press button “C” for 2 to 3 seconds to show the TIME SETTING display. The second digits start flashing.
- Selection of the digits to be adjusted (flashing) is made in the following order by pressing button “C”.  
Seconds → Minutes → Hour  
( Press for 2 to 3 seconds. )  
TIME mode ← 12- or 24-hour indication
- Press button “A” to set the flashing digits. One digit is advanced with each press of button “A”. The flashing digits except the seconds and 12-/24-hour indication move quickly by keeping button “A” pressed.
- After all the adjustments are completed, press button “B” to return to the TIME mode.

- Notes:**
- When setting the hour digits, check that AM/PM is properly set. Only “PM” mark is displayed. For the AM setting, there is no indication.
  - When the time function is displayed in the 24-hour indication, the alarm will also be displayed in the 24-hour indication.
  - If the watch is left untouched in the TIME SETTING display with the digits flashing, it will automatically return to the TIME mode in 1 to 2 minutes.

## How to set the analogue time

- Before setting the analogue time, be sure to set the digital time.  
(Refer to “HOW TO SET THE DIGITAL TIME”.)
- 
- Second hand  
Minute hand  
Normal position  
Crown  
Extended position  
Hour hand
- Pull out the crown when the second hand is at the 12 o'clock position. The second hand will stop on the spot.
  - Turn the crown to set the hour and minute hands to the desired time.
  - When setting the minute hand, advance it 4 to 5 minutes ahead of the time and then turn it back to the exact minute.
  - Push the crown back in to the normal position when the second digits count “00” in the digital time display.

## How to set the alarm

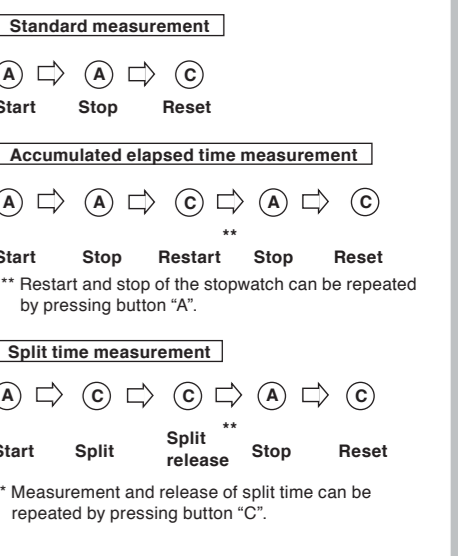
- 
- Hour  
Minutes  
ALARM mode  
“PM” mark is displayed in the 12-hour indication.  
“AM” mark is not displayed.
- Press button “B” to show the ALARM mode.
  - Press button “C” to show the ALARM SETTING display. The hour digits start flashing.
  - Selection of the digits to be adjusted (flashing) is made in the following order by pressing button “C”.  
Hour → Minutes → ALARM mode
  - Press button “A” to set the flashing digits. One digit is advanced with each press of button “A”. The flashing digits move quickly by keeping button “A” pressed.
  - After all the adjustments are completed, press button “B” to return to the ALARM mode.

- Notes:**
- When setting the alarm in the 12-hour indication, check that AM/PM is properly set. Only “PM” mark is displayed. For the AM setting, there is no indication.
  - When the time function is displayed in the 24-hour indication, the alarm will also be displayed in the 24-hour indication.
  - If the watch is left untouched in the ALARM SETTING display with the digits flashing, it will automatically return to the ALARM mode in 1 to 2 minutes.

- Engagement/disengagement of the alarm**
- With each press of button “A” in the ALARM mode, the alarm is engaged and disengaged alternately. When the alarm is engaged, the alarm mark appears. When it is disengaged, the mark disappears.
  - At the designated time, the alarm rings for 20 seconds. To stop it manually, press any of the buttons.
- Alarm test**
- The alarm can be tested by keeping buttons “A” and “C” pressed at the same time in the CALENDAR or TIME mode.
- Turning on/off of the hourly time signal**
- With each press of buttons “A” and “C” in the CALENDAR or TIME mode, the hourly time signal is turned on and off alternately. When the hourly time signal is turned on, the hourly time signal mark appears. When it is turned off, the mark disappears.

## How to use the stopwatch

- The stopwatch can measure up to 59 minutes and 59 seconds 99 in 1/100 second increments.
  - After 59 minutes and 59 seconds 99, it will start counting again from “00’00’00” as many times as necessary until it is stopped.
- 
- Minutes  
Seconds  
1/100 seconds
- Stopwatch operation**  
Press button “B” to show the STOPWATCH mode.
- Before using the stopwatch, be sure to reset the digits to “00’00’00”.
  - When measuring a long period of time, press button “B” to return the STOPWATCH mode to the CALENDAR or TIME mode after the stopwatch starts. This will prevent any possible malfunction.



## Illuminating light

Press and hold button “A” in the CALENDAR or TIME mode. The light illuminates the digital display for easy viewing in the dark.



## Note on unusual display

If all the three buttons pressed at the same time, the digital display as shown below will appear. This is not a malfunction. Press any one of the three buttons to return to the display previously shown.



## Lumibrite watch

- If your watch is a LUMIBRITE watch, it has following features.
- LUMIBRITE watches absorb and store light energy from natural and artificial light sources and emit light in the dark. They are made of environmentally friendly material, and therefore, are harmless to human beings and the environment.
- With a full charge, LUMIBRITE watches glow in the dark hours longer than conventional luminous watches of this type. If exposed to a light of more than 500 lux (i.e., the brightness of a typical office) for approximately 10 minutes, or direct sunlight for 2 minutes, they will glow for hours.
- Since LUMIBRITE watches emit the light they store, the brightness will decrease gradually over time. The length of time they will glow may also differ slightly depending on such factors as the brightness of and distance from the light source used to charge the watch.

## Battery change

- 3 Years**
- Battery life : Approx. 3 years**  
**Battery : SEIKO SR927W, Maxell SR927W or SONY SR927W**
- As the battery is inserted at the factory to check the function and performance of the watch, its actual life once in your possession may be less than the specified period.
  - When the battery expires, be sure to replace it as soon as possible to prevent any malfunction.
  - We recommend that you contact an AUTHORIZED ALBA DEALER for battery replacement.
- Note:** If the alarm is used for more than 20 seconds a day, the hourly time signal more than 24 times a day, the stopwatch more than once a day and/or the illuminating light for more than 1 second a day, the battery life may be less than the specified period.

**WARNING**

- Do not remove the battery from the watch.
- If it is necessary to take out the battery, keep it out of the reach of children. If a child swallows it, consult a doctor immediately.
- Never short-circuit, tamper with or heat the battery, and never expose it to fire. The battery may burst, become very hot or catch fire.

**CAUTION**

- The battery is not rechargeable. Never attempt to recharge it, as this may cause battery leakage or damage to the battery.

## To preserve the quality of your watch

- WATER RESISTANCE**
- Non-water resistant**  
If “WATER RESISTANT” is not inscribed on the case back, your watch is not water resistant, and care should be taken not to get it wet as water may damage the movement. If the watch becomes wet, we suggest that you have it checked by an AUTHORIZED ALBA DEALER or SERVICE CENTER.
  - Water resistance (3 bar)**  
If “WATER RESISTANT” is inscribed on the case back, your watch is designed and manufactured to withstand up to 3 bar, such as accidental contact with splashes of water or rain, but it is not designed for swimming or diving.
  - Water resistance (5 bar)\***  
If “WATER RESISTANT 5 BAR” is inscribed on the case back, your watch is designed and manufactured to withstand up to 5 bar and is suitable for swimming, yachting and taking a shower.
  - Water resistance (10 bar/15 bar/20 bar)\***  
If “WATER RESISTANT 10 BAR”, “WATER RESISTANT 15 BAR” or “WATER RESISTANT 20 BAR” is inscribed on the case back, your watch is designed and manufactured to withstand up to 10 bar/15 bar/20 bar and is suitable for taking a bath, shallow diving, but not for scuba diving. We recommend that you wear a ALBA Diver’s watch for scuba diving.
- NOTE:** Pressure in bar is a test pressure and should not be considered as corresponding to actual diving depth since swimming movement tends to increase the pressure at a given depth. Care should also be taken on diving into water.

- If your watch is 200 M/20 BAR, 100 M/10 BAR or 50 M/5 BAR water resistant, it is so indicated on the dial/case back.
  - Do not operate the buttons when the watch is wet.
  - If the watch is exposed to salt water, rinse it in fresh water and then wipe it thoroughly dry.
- Caution:**  
Leather straps are not water resistant except so indicated, even if the watch head is water resistant.
- ALLERGIC REACTION**  
Because the case and band touch the skin directly, it is important to clean them regularly. If not, shirts sleeves may be stained and those with delicate skin may develop a rash. Please wear the watch with some play to avoid any possible allergic reaction. If you develop a rash on your wrist, stop wearing and consult a physician.

- TEMPERATURES**
- Your watch works with stable accuracy within a temperature range of 5° C and 35° C (41° F and 95° F). Temperatures over 60° C (140° F) may cause battery leakage or shorten the battery life. Do not leave your watch in very low temperatures below -10° C (+14° F) for a long time since the cold may cause a slight time loss or gain. However, the above conditions will be corrected when the watch returns to normal temperature.
- MAGNETISM**
- Your watch will be adversely affected by strong magnetism. Keep it away from close contact with magnetic objects.
- PERIODIC CHECK**
- It is recommended that the watch be checked once every 2 to 3 years. Have your watch checked by an AUTHORIZED ALBA DEALER or SERVICE CENTER to ensure that the case, crown, buttons, gasket and crystal seal remain intact.

- CARE OF CASE AND BRACELET**
- To prevent possible rusting of the case and bracelet caused by dust, moisture and perspiration, wipe them periodically with a soft dry cloth.
- SHOCKS**
- Light activities will not affect your watch, but be careful not to drop your watch or hit it against hard surfaces, as this may cause damage.
- CHEMICALS**
- Be careful not to expose the watch to solvents, mercury, cosmetic spray, detergents, adhesives or paints. Otherwise, the case, bracelet, etc. may become discolored, deteriorated or damaged.
- PRECAUTION REGARDING CASE BACK PROTECTIVE FILM**
- If your watch has a protective film and/or a sticker on the case back, be sure to peel them off before using your watch.

ALBA

INSTRUCTION BOOKLET

Cal.V071 & V072

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